

A GUIDE TO...

# SUSTAINABLE LIVING IN KUNSHAN

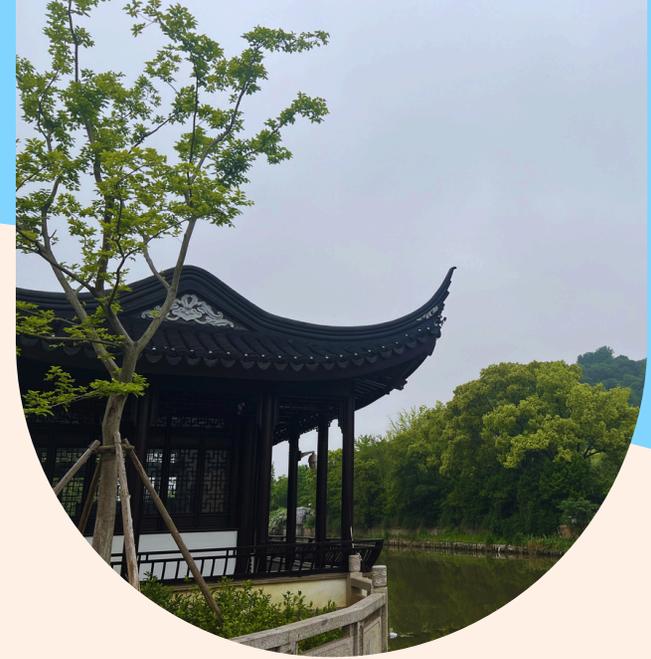
Curated by  
Sustainable DKU



## WELCOME TO KUNSHAN!

Whether you're a returning student or new freshmen, a faculty member or visitor, we hope this guide can help you navigate the challenges of sustainable living in Kunshan!

While it may seem difficult to live sustainably at first, there are actions you can take and businesses you can support here in Kunshan. We've compiled them all here for you!



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## SHOPPING

Shopping in China can be super convenient with apps like PinDuoDuo and TaoBao.

However, sustainable alternatives are also available throughout the city! Purchase your essentials or plan a fun day out with our shopping guide!



## SUSTAINABLE BUSINESSES

### AllBirds Shanghai

allbirds(兴业太古汇店)

ADDRESS: 南京西路789号兴业太古汇2楼L241

Sustainably-made shoes

### STOP SHOP

ADDRESS: 长宁区新华路345号4号楼

Sustainable living store, handmade jewelry, sustainably made clothing, natural and plant-based hygiene products (oral care, toiletries). You can donate used jeans here to be repurposed by USEDEM. There is also a cafe, with a 5¥ discount if you bring your own cup.

### ZUCZUG素然

ADDRESS: VARIABLE LOCATIONS, CHECK WEBSITE

ZUCZUG's sustainable clothing line "klee klee" is committed to using eco-friendly materials and processes to produce their clothing



## WANT TO DONATE YOUR ITEMS?

Sustainable DKU runs clothing drives throughout the year

OR

Check out Deja Vu in Shanghai

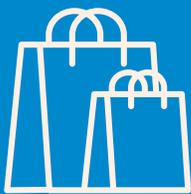
OR

Reach out to SDKU for a connection to a consignment shop to sell your clothes!

# 灵石路鲜花批发市场 LINGSHI ROAD ANTIQUUE MARKET

**ADDRESS:** 上海市静安区灵石路1197弄

On the 2 floors above a flower market (elevator available), there are tons of small thrift shops and vintage stores. Each one varies, some are more pricey and other shops are open to haggling. It's a very large space, we spent at least 3 hours here and didn't even see all the shops. Definitely worth it!



## VINTAGE & CURATED STORES

### 小小的花花世界

- ADDRESS: 上海市黄浦区淮海中路街道自忠路414号2楼

### Max Match Vintage - 古着 买手商店

- ADDRESS: 上海市徐汇区新乐路54号

### 美丽商店 VINTAGE

- ADDRESS: 上海市-徐汇区-天平路街道永康路133号

### 天真无邪 VINTAGE

- ADDRESS: 上海市-黄浦区-进贤路202弄2号一楼

### MUSTOFF VINTAGE

- ADDRESS: 上海市静安区陕西北路123号

### G3 STUDIO

- ADDRESS: 上海巨鹿路588弄3号



## THRIFT SHOPS

### 多抓鱼循环商店 DEJA VU

**ADDRESS:** 上海市徐汇区安福路300号

Second-hand book and clothing store that often runs discounts. You can also sell your items here!

### BUY42

**ADDRESS 1:** 福州路480号

**ADDRESS 2:** 上海市静安区延平路492号延平路与余姚路交叉口东南20米

A chain charity store that sells discounted items (not just clothes!) around 30% less than market price. Buy42 also has a mission to train and employ those with disabilities, with around 40% of their workforce consisting of people with disabilities. They also have an online store through WeChat.

# WHERE IN THE WORLD?

# SHOPPING IN SHANGHAI



# FARMS



## 悦丰岛有机农场

### YUEFENG

## ORGANIC FARM

**ADDRESS:** 湖滨中路阳澄溢景苑北门西北侧  
700米路西

Implemented and promoted organic planting and educating the public to choose a healthy, responsible organic lifestyle.

Student Review: Biking distance from campus, they host organic cooking classes in their kitchen, take volunteers to help out on the farm, and offer fruit picking from their trees. Fun, fresh, and wholesome!  
-Chloe Alimurong

## 上膳源周庄有机农场

### SHANGSHANYUAN

### ZHOUSHUANG

## ORGANIC FARM

One of the farms of brand 上膳源Shangshanyuan, an organic agricultural production brand that integrates organic vegetable chain operation, package subscription, and product home delivery.

Look into these classes which offer a field trip to the Yuefeng Organic Farm as part of the course!

- HIST 206: World History in Seven Meals
- RELIG 302: Modern Buddhism
- WOC 213: From Text to World: Editing and Publishing



## 益点田亲子农场

### WANDER FARM

**ADDRESS:** 锦溪镇同周公路1号

“A lot of fun! You can feed some of the animals like the cows and there are dogs that will eagerly come up to you for attention. They also have a restaurant that focuses on natural foods but it’s a bit more expensive than other places in Kunshan. Definitely good, though” -Liam Powell



# 昆 山

## PLACES TO EAT

Here is a list of Kunshan places to eat as well as takeout and organic farms.

*Pictures of food are only used the options and are not representative of the actual food*



## IN KUNSHAN

Kunshan, home to DKU, hosts a great variety of restaurants with vegan/vegetarian options, as well as sustainable practices. The waimai options were taken from 饿了么 (eleme), and can be found there. This information was gathered in summer of 2024 and some information may have changed since.



## ICON MEANINGS

We have marked each place with icons. The meanings are below:

-  = **VEGETARIAN OPTIONS**
-  = **VEGAN**
-  = **SUSTAINABLE PRACTICES**
-  = **WAIMAI**

# 芭比馒头 BABI MANTOU (BAOZI)

*[Paper bag and straws  
instead of plastic]*

- Spicy Shredded Potato 
- Egg yolk sweet buns 
- Soy milk 
- Black sesame 



## 档口咖啡三明治 DANGKOU COFFEE & SANDWICH

*[cardboard/paper  
packaging and bag]*

- 脂健康蔬菜三明治  
Veggie Sandwich  
(contains egg) 



## 自然风素食自助餐厅 NATURAL STYLE VEGETARIAN BUFFET RESTAURANT

- Vegetarian/vegan  
specialty restaurant

# 山东水饺 SHANDONG DUMPLINGS 🇨🇳

- 韭菜鸡蛋饺子 Chives and Egg dumplings 🌿



# 新疆金胡杨烧烤 XINJIANG GOLDEN POPLAR BBQ 🇨🇳

*[Paper box for BBQ, still uses plastic bags, however]*

- Variety of vegetable options such as:
  - Mushroom 🍄
  - Naan bread 🍞
  - Potato 🥔
  - Rice cake 🍡
  - etc



# 兰州拉面 LANZHOU NOODLES 🇨🇳

- 西红柿鸡蛋炒面 Tomato Egg fried noodles 🌿
- 蔡花大讲 Fried Scallion pancakes 🌿
- 鸡蛋炒拉面 Egg fried noodles 🌿
- 葱油面 Scallion noodles 🌿
- 青菜拉面 Vegetable noodles (soup) 🌿

# 馋豆豆 CHAN DOUDOU

- 新疆炒面 Xinjiang fried noodles 🌿
- 新疆年糕 Xinjiang rice cakes 🌿



## 牛家人大玩牛肉 NIU JIA RENDA WAN NIUROU



*[paper bowl, plastic lid,  
however]*

- 素臊子面 Soybean Noodles 🌿

## 荟园春全民素食自助 餐厅

(昆山青阳万达店)

## HUIYUANCHUN NATIONAL VEGETARIAN BUFFET RESTAURANT

- Vegetarian Buffet restaurant 🌿

# 自在阁(亭林公园店) ZIZAI PAVILION



- Vegetarian specialty restaurant



## 甘肃天水麻辣烫 GANSU TIANSHUI MALATANG

- 素食主义者素菜12种随机+随即饮料+不带主食  
12 random vegetarian dishes + random drinks without staple food 



## 民复其食 MIN FU QI SHI



*[Reusable bags]*

- 田园素问维C沙拉  
Vegetarian Vitamin C Salad 
- 奇亚籽酸奶玩 Chia Seed Yogurt Bowl 
- 香蕉巧克力压三明治  
Banana Chocolate Pressed Sandwich 
- Juice 



*[paper bowl but plastic lid]*

- Juice
- Mango milkshake 🌿
- Mango Yogurt 🌿
- Dragon Fruit Yogurt 🌿
- Dragon Fruit 🍉



## 川渝火锅冒菜 SICHUAN AND CHONGQING HOT POT MAOCAI 🏠

- 素食@妹妹菜+老豆腐  
(送米饭) Vegetarian  
Bowl with Baby  
Cabbage, Lao Tofu, and  
Rice 🍉

# WHERE IN THE WORLD?

## DINING IN KUNSHAN



# 上海

## PLACES TO EAT

Here is a list of recommended vegetarian specific restaurants in Shanghai.



## AT SHANGHAI

- 度粒Duli
- 庆春朴门(前滩太古里店)Qingchun Pumen
- 临湖素 Linhu  
Vegetarian Food
- 龙华素斋(龙华路店)  
Longhua



## MORE OPTIONS

Being a mega-city, Shanghai has an abundance of vegetarian/vegan and more sustainable practices in their restaurants. Our list is only a tiny recommendation. Feel free to explore!

# BEST WAYS TO TRAVEL

How we move around is also an important aspect of living sustainably. Luckily, Kunshan and the surrounding cities provide great options which we have compiled here for you!

## BIKING

Kunshan, like many Chinese cities offers rental bike stations. They are green colored and may have the sign 昆山市公共自行车. First hour is free and then its 1RMB/hour. Download the 永安行 **Youon** app or [APK](#) (if android).



## ON YOUR FEET!

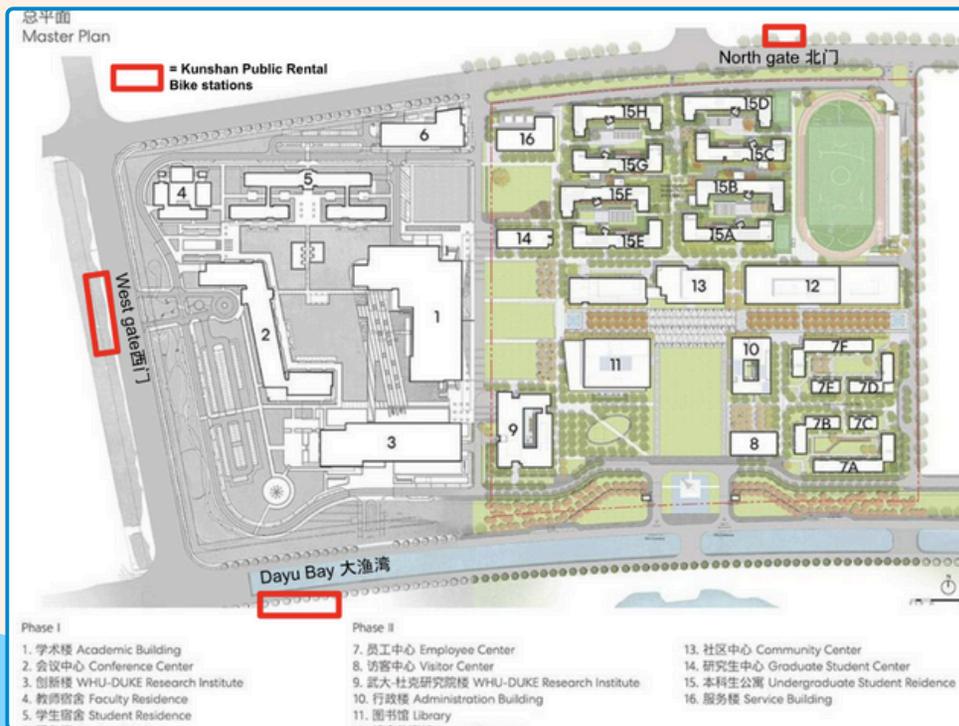
Kunshan is not only a bikeable city, but also walkable! Sidewalks are clean and safe. There are pedestrian-friendly streets throughout our area and downtown Kunshan. Most major map apps have updated walking routes.



# BIKE RENTALS

## KUNSHAN PUBLIC BIKES

## DKU ATHLETICS



### BIKE RENTALS

All DKU community members may rent our bamboo bikes, donated by Greenstar Eco bikes, for free.

Rental can be on a daily or weekend basis (pending no group activities). Single person can only rent a single bike. Departments may rent multiple bikes for group activities. We have two styles of bikes, EcoCross, a multispeed bike, and EcoForce, single speed bike. With each bikes, riders have an option to rent a helmet, also for free.

To book a bike, please send an email to [sports@dukekunshan.edu.cn](mailto:sports@dukekunshan.edu.cn) with rental details.



# 万象汇 MIXC (MALL)

34 minutes | 6 kilometers



 MIX C Baidu



# 九方购物中心 JIUFANG MALL

35 minutes | 6.2 kilometers

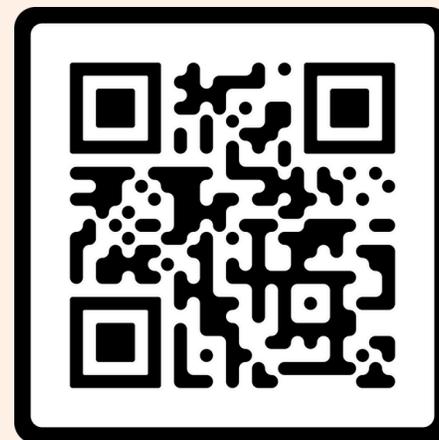


 Jiufang Baidu



# FOREST PARK

16 minutes | 2.7 kilometers



 Forest Park Baidu

# BUS

The Kunshan public bus is accessible in many points of campuses. Tickets are 1RMB and can be generated by QR code through Alipay's transportation section.

## 万象汇 MIXC (MALL)

*Bus 32 | 48 minutes  
8 kilometers*

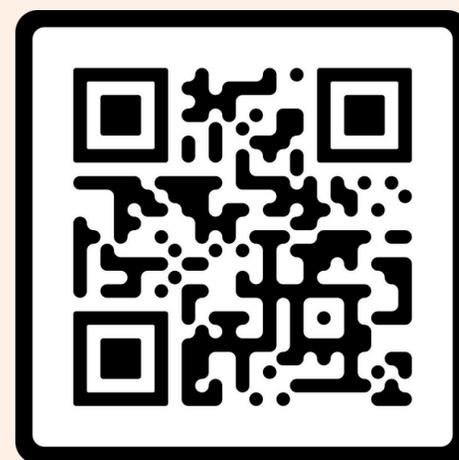


 MIX C Baidu

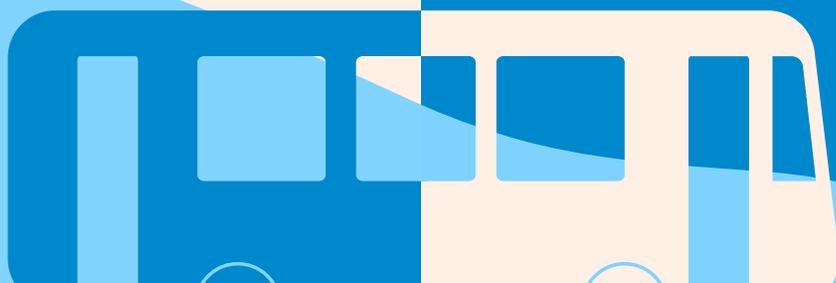


## 九方购物中心 JIUFANG MALL

*Bus 22 | 47 minutes  
9 kilometers*



 Jiufang Baidu



# FOREST PARK

*Bus 31 | 28 minutes*  
*3.3 kilometers*



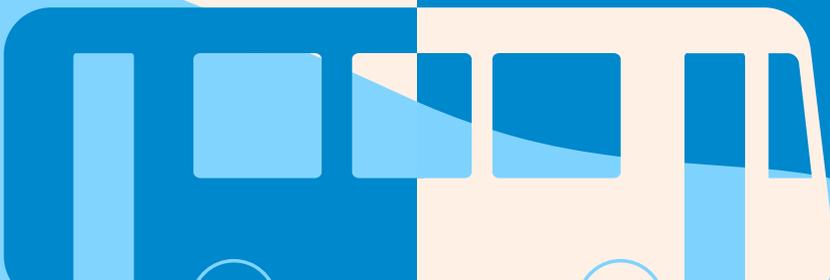
# 祖冲之公园地铁站 ZU CHONGZHI PARK METRO STATION

*Bus 32 | 32 minutes*  
*4.5 kilometers*



# 好又多(花园路店) GROCERY STORE

*Bus 10 | 20 minutes*





## TAXIS

Taxis are accessible almost anywhere in China! Ordering a taxi in Kunshan or Shanghai only takes minutes, and is a fantastic option, especially for group travel. Open a taxi app, choose 打车, and copy your destination into the map. Wait a few minutes, and one will arrive!



## SUSTAINABLE FEATURES

Most apps have ride-sharing features for solo or duo travelers. Sharing your car with other users is not only cheaper, but also greener!

If you're with a large group, you can typically get a 6-person van instead of multiple taxis. Check your car options for this feature.

Most taxis are also electric vehicles.

## TAXI APPS

Depending on where you are, some apps might be faster than others at getting a taxi. Here are a few options to try:

高德地图 (Gaode ditu)

滴滴 (DiDi)

百度 (Baidu)

Apps such as Alipay and WeChat also have taxi hailing features!

We recommend that you never accept a taxi ride from the street, as they will typically overcharge. Always use an app!



## METRO

Our closest metro station is Zu Chongzhi Park (via Bus 32). The station is one of the stops on Line 11, which links Kunshan to Suzhou and Shanghai. Using the AliPay transport feature (for Suzhou 苏州 metro), you can ride Line 11 within Kunshan or to either city!

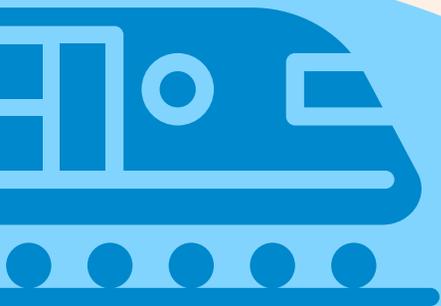
## TRAIN

You can also access Suzhou and Shanghai by train. You can buy tickets on WeChat by going to Me > Pay and Services > Rail & Flights. Trains typically depart from Kunshan South Station 昆山南站 or Kunshan Station 昆山站. If you're a frequent rail user, download China Rail's 12306 app and verify your identity at a station for more ticket benefits!



## LONG DISTANCE

High-speed rail is very accessible. However, longer trips usually have a sleeper train option. Typically cheaper, and providing better access to rural areas, sleeper trains are a fantastic way to avoid CO2-heavy planes!



# GET INVOLVED!

Sustainable living starts with YOU!

Through your actions on campus, we can cultivate a culture of sustainability. There are multiple clubs available for any student to join, covering a wide range of interests. Join their events for an opportunity to help build our sustainable community!

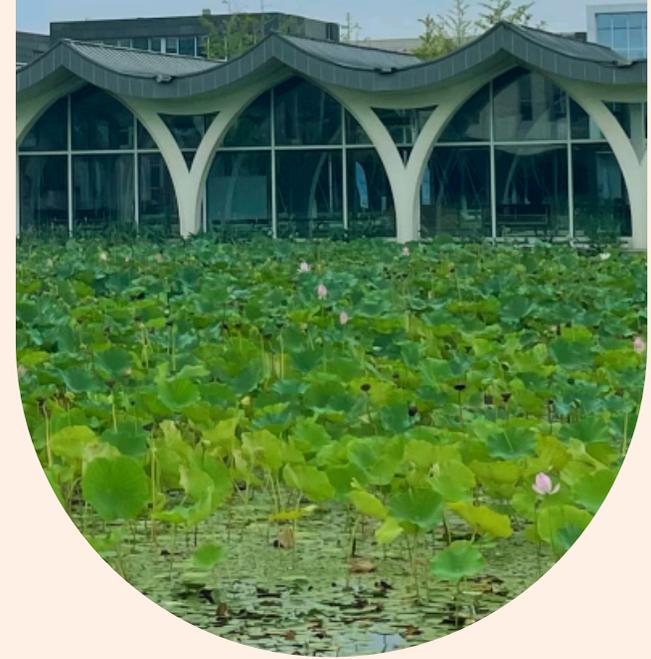


## SUSTAINABLE DKU

Sustainable DKU researched and created this guide!

We are a sustainability initiative led by DKU students willing to create change in society. We focus on promoting sustainable living, raising an educated and informed generation, and creating an international interdisciplinary platform to unitedly solve environmental issues.

Contact Cody, [ces134@duke.edu](mailto:ces134@duke.edu), or Aneliese, [akm71@duke.edu](mailto:akm71@duke.edu) to join!



## PLANT FUTURES

Plant Futures DKU is an unofficial branch of the Plant Futures organization across the US, aimed at promoting more plant based diets. We organize casual and informative activities + food sharing events to spread awareness of plant-based diets.



# HIVE MINDS

Hive Minds is DKU's first Beekeeping club! Hive Minds is not only focused on learning how to raise bees, care for a hive and harvesting honey, but is also interested in promoting environmental awareness, looking after our campus' ecosystem and caring for our own health and well being. Our activities include learning about the local ecology and bees' vital role in it, physically caring for an active beehive, fostering campus spirit and relaxing wellness practices.

Contact Astrid, [agf20@duke.edu](mailto:agf20@duke.edu), or Noah, [njc36@duke.edu](mailto:njc36@duke.edu) to join!



# BIRD COLLISION GROUP



Do you know that in many instances, birds cannot recognize the glass on the buildings and windows? Each year, hundreds of millions of migrant birds die from colliding into windows. Since 2018, DKU Bird Collision Group actively organizes events and surveys on campus to investigate and mitigate bird mortality on campus. If you're interested in joining, attend one of the volunteer training sessions that take place over the school year and learn about surveying on campus. Being a volunteer in our project will bring you closer to first-hand, real-world scientific research on meaningful ecological and conservation issues.

Contact Palpasha, [pk233@duke.edu](mailto:pk233@duke.edu) to learn more!

# ANIMAL PROTECTION ACADEMY

Animal Protection Academy (APA) is a student club whose core mission is to promote animal welfare and provide compassionate care for DKU's feline residents. We strive to transform the DKU campus into a community where all animals are treated with respect and kindness. Our efforts have focused on rescuing numerous stray puppies, providing them with vaccinations and securing them adoptive homes. Additionally, we have successfully carried out multiple sessions of TNR (trap-neuter-release) for the feral cats on campus.



Scan to learn more!





# ENVIRONMENTAL CLUB

DKU Environmental Club is a club for nature lovers or people who are interested in exploring and protecting the environment, established in 2021. The club also creates a platform for students majoring and interested in environmental science to share experience, opportunities and stories. We also hope to promote more DKU members to observe the natural environment, experience nature in life, and live a sustainable lifestyle.

Contact Biying Wang,  
bw256@duke.edu, or Kexin Liu,  
kl451@duke.edu to join!



## STILL WANT MORE?

Our clubs welcome any projects you want to propose! But, if you want to start something entirely new, DKU has its own club creation process. Work with DKU admin to identify a faculty mentor, a club mission statement, and a team to lead it with.

In addition to student clubs, there are a variety of research projects available for students to participate in. Postings will be announced on the careers Sakai website, student WeChat groups, or individually from professors – don't be afraid to reach out! Yearly postings are also announced via the Summer Research Scholars program, a summer program hosted by DKU to provide students with full-time research experience.

Other student life activities related to sustainability include hikes and natural excursions hosted by Athletics (available via the Athletics WeChat program), field trips (even if you aren't in a class, email the professor to see if you can join! They will most likely say yes!), and research conferences (present your own work, listen to new ideas, and meet other students and professors in your field of interest).

Welcome to campus, and we hope you have a great year!